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Hough taken to hospital after dance

Boudreau to be tried by jury

BRIDGEWATER Peggy Boudreau will be tried by judge and jury in the Supreme Court. Her lawyer, Paul Scovil, waived her right to a preliminary inquiry in Bridgewater provincial court yesterday. Boudreau, who is being held in a Dartmouth jail, was not present.

Lawyers will set a date for the trial on Dec. 4.

Boudreau, 34, was charged with the first-degree murder of her 12-year-old daughter Karissa in June. The girl's body was discovered Feb. 9 on the banks of the Lahave River outside Bridgewater.

Boudreau reported her daughter missing on Jan. 27 and later appealed at a news conference for her daughter to return home. The day she went missing, Boudreau said they had argued and gone for a drive.

Boudreau said she went into the Sobeys in Bridgewater, leaving her daughter in the car. When she returned, Karissa had disappeared, she said.

METRO HALIFAX

Waterside needed: Premier



Bernard lands on feet with Mooseheads



ATV riders head down a trail off Caldwell Road in this file photo. A new citizens group is at odds with a government decision to allow ATVs on a rail-bed trail near Paradise in Annapolis County.

ATV interests sway province, group says

JENNIFER TAPLIN
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A new citizens group says the government is catering to ATV riders.

Members of the Nova Scotians Promoting Active Transportation on Community Trails (NSPACTS) held a press conference in Halifax yesterday, railing at the province's decision to allow ATVs on a trail in Paradise in Annapolis County.

"ATV interests continue to have an enormous influence on this government," said Keith MacCormick, an ER physician and member of NSPACTS.

"Night riders are scary and noisy and sometimes impaired." Barbara Bishop

ATVs are disturbing homeowners and many riders are disrespectful and intimidating to other users of the trails, according to testimonials from members of NSPACTS.

"Night riders are scary and noisy and sometimes impaired, having accidents. Daytime riders ride through the roads and on our side-walks to get to the trails," said Barbara Bishop, with the Paradise Active Healthy Living Society.

Natural Resources Minis-

ter David Morse closed the rail-bed trail in Paradise to ATV users in December, but on Oct. 8th, he welcomed them back.

"Morse's U-turn on ATV use was stunning," McCormick said.

But Natural Resources spokesman Dan Davis said they held a meeting with residents of Paradise in September and NSPACTS didn't show up. The people who were there voted overwhelmingly to reopen the trail to motorized use.

"We were looking for a resolution to the conflict in the community," he said. "People were so pleased a decision was finally made."

It will be at least a couple years before they look at it again, Davis said, adding they don't support any particular interest group.

Bishop said their absence was a statement.

"Had we attended, we would have lent legitimacy to something we didn't feel was a legitimate process."

Plus, just before the meeting the group hired a lawyer. She said they don't want to resort to legal action, but they'll do what they need to do.

Suspended student attacks Citadel High vice principals

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ASSAULT A suspended student attacked two vice-principals and a teacher yesterday at Citadel High.

The 17-year-old student entered the school around 3:20 p.m., went straight to the main office and lashed out at two vice-principals with his fists. While staff was trying to force the student out of the building, he then assaulted a teacher.

The student fled the building as the school called 9-1-1.

The student was later arrested by police and charged with assault, as well as a weapons charge.

"Obviously it was shock-

ing. It's a real rarity when a student would use their fists to take out their aggression on a member of the administration. At any of our schools this doesn't happen very often," said school board spokeswoman Shaune MacKinlay.

No one suffered serious injuries, but the teacher was taken to hospital. CTV News reported the teacher had been punched in the mouth and got stitches.

The student was serving a long-term suspension at the time and was not allowed to be on the premises. MacKinlay couldn't comment on why the student was initially suspended.

At least part of the incident is believed to have been caught by security cameras.

"Obviously it was shocking."

Shaune MacKinlay

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More than 100 of the Saint Mary's University grads who will receive diplomas this Sunday are from countries outside Canada, including Saudi Arabia, Antigua, Liberia and Sierra Leone, among others. The school has 35,000 alumni who work in 131 of 192 recognized countries on the planet. **METRO NEWS SERVICES**

Local



Day of the shred

Got sensitive personal information you need shredded? Do it for free this Saturday, Oct. 25 at the Nova Scotia Community College's Waterfront campus in Dartmouth, from 10 a.m. to 2 p.m. Don't bring binders, CDs, DVDs or credit cards, but paper clips and staples are OK. **METRO HALIFAX**

N.S. needs Waterside: Premier

Office space would have given fuel to economic engine, MacDonald says

JENNIFER TAPLIN
and LINDSAY JONES



The premier slammed council's decision to nix a downtown development this week, saying it's stifling growth at a critical time.

Premier Rodney MacDonald said he wants to talk to Mayor Peter Kelly and ask council to revisit Armour Group's Waterside Centre and let it proceed.

"There has to be a balance, but when you have someone willing to put money into a project and to see a project stopped in its tracks like this, it disappoints me," MacDonald said. "We have additional pressures on us because of what's happening ... in the financial markets, and we have an opportunity and they're letting that opportunity slip by."

Armour's plan was to redevelop a block of heritage

"We have an opportunity and they're letting that opportunity slip by."

Premier Rodney MacDonald

buildings on the Halifax waterfront by preserving the facades of the buildings and put a six-storey glass office tower on top.

The premier said the province needs more buildings and Class A office space downtown.

He said council's decision shows Nova Scotia is

not as open for business as it should be, adding Halifax is the province's economic engine and if there's no growth downtown, that engine can't push forward.

Mayor Peter Kelly says he's happy to meet with the premier. But council's decision stands unless Ar-

mour Group appeals it or brings forward another project. Armour Group did not return phone calls.

"They can bring forth their concerns as they've done, but at the end of the day, council's legislative authority is as it is," Kelly said.

Kelly said he hopes a meeting with the premier would open a door to the province getting involved in a solution to protect the heritage buildings.

Council divide shows change needed: Groups

DEVELOPMENT The Downtown Halifax Business Commission says council's even split on Armour Group's Waterside Centre shows the city's policies are too vague.

"That's why we need a new system, and HRM by Design would remove all of that ambiguity," Paul MacKinnon said.

Peter Morehouse, the chair of Fusion, a group for young professionals, agrees. He hopes Armour Group will appeal the decision to the Nova Scotia Utility and Review Board.

Armour did not return calls by deadline yesterday.

"Unfortunately, what it (would) mean is taking another year-and-a-half, two years onto their timeline, which is an impediment I think a developer shouldn't need to go through," Morehouse said.

HRM by Design is expected to be put into legislation during the fall sitting of the legislature.

LINDSAY JONES / METRO HALIFAX

Trails for everyone: ATV driver

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A few ATV supporters crashed a press conference protesting acceptance of the vehicles on Annapolis County trails yesterday.

James Anderson, of the ATV Association of Nova Scotia, said he was there as a citizen but spoke to reporters afterward.

Nova Scotians Promoting Active Transportation on Community Trails (NSPACTS) said ATV riders have special pull with the government. But Anderson said ATV groups don't get any free rides.

"If you look back to 2005 when there was sweeping legislation, it was very evident that we certainly had no special privileges."

There is some merit to the NSPACTS arguments, Anderson conceded, but they made a mistake by not attending a public consultation in Paradise.

ATVs and walkers can share the trails, he said. There are some disrespectful drivers, but that goes two ways, he added.

"It is our opinion that the trails are for everybody and no individual community should be able to lay claim to what is obviously a provincial asset," he said.

"One of the things we have never done is we have never suggested anyone be excluded. It seems when there is talk of exclusion it's usually someone trying to exclude us."

Downtown Picking up the pace on heart health



After the launch of the Heart and Stroke Foundation's \$300,000 ad campaign to get Nova Scotians walking, participants went for a stroll around downtown Halifax yesterday. The campaign, called Walkabout, promotes the idea that "walking takes you places."

NSBI head calls project halt 'step back'

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Council's rejection of Waterside Centre is "embarrassing," and "a step back," for the city, says the CEO of Nova Scotia Business Inc. "This reflects badly on the city of Halifax," Stephen Lund said on the phone from Toronto yesterday.

"It was a perfect building that would've allowed us to say, 'Here's a great place for your company.' We're

sending a message that we don't want these kinds of things here."

Lund says the move goes against the reputation the city built in recent few years as a vibrant place with a great future.

"Here we are taking a step back," he said.

Armour Group's Waterside Centre would've redeveloped a block of heritage buildings on the Halifax waterfront. It would've preserved the facades of six buildings on the corner of Duke, Hollis and Upper

Other plans

- In recent months, council approved the Trillium, Alexander and Kings Wharf developments.

Water Streets and put a six-storey glass office tower on top.

Bedford Coun. Tim Outhit said he voted against it because it's not the right project for the site.

"We only have a couple of blocks of historic area in Halifax. This one block

should be protected with something that fits in," said Outhit, who's also the president of NovaKnowledge. He says there are plenty of vacant lots downtown that could be developed into office space, and room in Bedford and Dartmouth for jobs NSBI wants to bring to the city.

"Just because six storeys has been temporarily rejected doesn't mean we're not open for business and I think we've shown that over the last few months," Outhit said.

News in brief

GLACE BAY A Cape Breton businessman was fined \$500 in provincial court Tuesday in the first-ever prosecution under Nova Scotia's Smoke Free Places Act. Roy Almon, the owner and manager of Billy D's Dining Room and Lounge on Main Street in Glace Bay, pled guilty to being a manager who permitted smoking in an enclosed space. Almon said outside the courtroom he had also been charged by the CBRM for not following its by-law several weeks before being charged by the province. "So I followed their act, and I got charged by the province for not following their act," he said.

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These results are not official.

May blames new rules for lower voter turnout

Green Party leader Elizabeth May says overly stringent new voting rules prevented people from being able to vote in the federal election. May says the new rules, which require proof of identity and residential address, won't help the voter turnout crisis. **METRO HALIFAX**

Nora Bernard fundraising gets big boost

A large-scale fundraising effort to carry out slain native rights activist Nora Bernard's final wish got a shot in the arm.

An aboriginal group from the United Kingdom has said it is willing to donate \$4,000 to Bernard's family, which is trying to

raise \$40,000 to keep the family home. It was Bernard's wish the home be left to her youngest child, and only son, Jason.

"I believe Mom has to be working her magic. Her spirit has to be pretty strong to be reaching all the way across to the U.K.,"

said Natalie Gloade, one of Bernard's five daughters. "It's just proving ... Mom wanted Jason to have that home."

Bernard, who led the largest class-action lawsuit on behalf of residential school survivors, was murdered on Dec. 27.

Gloade said it would be "devastating" to the family to lose the home, located 38 feet from the Millbrook First Nation. The family found out last Thursday it needed to come up with the money to settle the estate's outstanding debts or the house would be sold.

The bills include property taxes and a home improvement loan, which would have been forgiven had Bernard lived there another three years. There are two bank accounts accepting donations, a Facebook group, Help Save Nora Bernard's home!, set up

and a fundraiser being planned for Friday night.

Jason said it's been a tough year coming to grips with the loss of his beloved mother. He's hopeful the fundraiser will be able to generate the funds to enable the family to fulfill her wish. **METRO HALIFAX**

Lawyer to investigate complaint

SYDNEY Halifax lawyer David Bright has been appointed to investigate a complaint against former Cape Breton police chief David Wilson.

The complaint was filed on Sept. 12.

Sydney resident Judy Enders alleges she felt intimidated by a man when he called her on her cellphone blocking his telephone number. She said the man, who said he was a police officer but would not give his name, told her to stop calling her estranged husband and his girlfriend and warned she could be charged with harassment.

Enders claimed she used the Internet to identify a number that had been left on her cellphone and discovered it belonged to a David Wilson. Calling the number, she identified the person on the other end as the same man who had called her, she claimed.

Wilson, 56, announced retirement plans on Oct. 6 after 36 years in uniform. He has spent his last official day on the job.

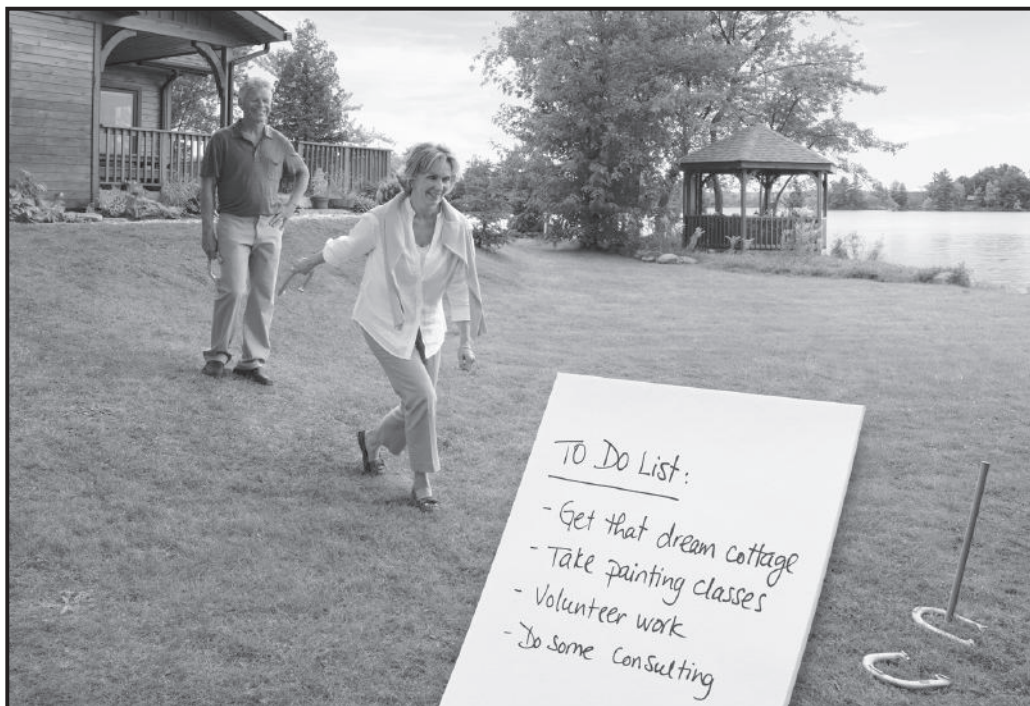
Wilson said Tuesday he can't comment on the allegations.

"I will have to let it go through the process."

Wilson said he is not overly concerned about the complaint and it had nothing to do with his retirement. The former police chief said if he decides he has to defend himself, he will. **METRO HALIFAX**

News in brief

VEHICLES New car dealers saw their sales fall for a seventh consecutive month. According to StatsCan's New Motor Vehicle Sales Survey, the number of vehicles sold has been on a downward trend in recent months. August marked the 14th straight month in which the purchase and leasing prices for vehicles declined year over year, according to the Consumer Price Index. However, used and recreational motor vehicle and parts dealers saw robust sales in August. **METRO HALIFAX**



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Poor transit ridership drags province down in national transportation study

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Nova Scotia's transportation system has been rated second overall in the country, but its public transportation dragged it down from first place.

The national study by the Fraser Institute found Nova Scotia had the fourth-lowest ridership per capita of all the provinces. This leads to wasted money.

"Another concern we saw was the operating costs for riders are quite high. In fact they're the (second highest) nationwide," said study co-author David Hartgen.

Nova Scotia invests

about \$35 million per year in transit and gets about half as many riders — so it costs the province about \$2 per trip.

The national average is \$1.64.

By comparison, Ontario puts more than a billion dollars each year into transit, but has a better rate because more people use the system.

"We don't, in this report, look into the reasons why transit ridership rates are lower or why

costs are higher than the national average. But I think these are issues that certainly would warrant some investigation," said Hartgen.

"We don't, in this report, look into the reasons why transit ridership rates are lower or why costs are higher than the national average."

David Hartgen

On a positive note, Metro Transit ridership has been steadily rising in recent years. Jared Grover, 21, owns a car, but says he tries to take the bus more often.

"I drive my car as well, but just because of parking and gas the bus is cheaper," he said.



A passenger boards a Metro Transit bus in front of Scotia Square yesterday.

Roads get top marks from Fraser Institute

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Tell a Nova Scotian they've got the second-best roads and transportation in the country and they'll laugh and laugh.

But according to the Fraser Institute it's true. The think tank placed Nova Scotia narrowly behind Ontario in its study of best transportation systems.

Nova Scotia fared extremely well for having safer, better conditioned highways while spending comparatively little money.

"The primary system, according to the provincial ministry of transport, is in pretty good condition. We were told that only four per cent of

it is in poor condition.

That's the lowest percentage in the country," said study co-author David Hartgen. "We've had some provinces reporting as much as 40 per cent of their road system in poor condition."

The study averages out the budget to find Nova Scotia spends \$24,600 per kilometer of highway each year. That's about 30 per cent below the national average and yet road fatalities are also about 30 per cent lower than average.

These statistics do come from the province itself, which raises some questions as to accuracy — would the average driver consider more than four per cent of highways to be in poor condition?

The study also only looked at the highway system and not local, municipal roads. That exempts those oft-complained about rural roads. But still, as a basic look at the system, Hartgen says signs are good.

"Overall the data suggests the system is better than one might expect," said Hartgen. "It's actually more cost-effective than most."

After Nova Scotia comes Quebec and then Manitoba. Newfoundland came in last.

Study

- Nova Scotia's second-place finish overall was boosted by being rated best in the country in both air travel and freight travel.

Shelters merging to provide better service

The plan is simple — one plus one equals three.

That's how Jerry Smyth describes the merger between two of downtown Halifax's shelters into one big entity. Saint Leonard's Society of Nova Scotia and Metro Turning Point will join together to provide 24-hour service for the first time.

"It's easier for everyone. It makes more sense to have a fluid service," said Smyth, CEO of Saint Leonard's.

As a result, Saint Leonard's shelter Pendleton Place will close. The shelter provided beds for about 20 people though the winter months. Funding will be diverted to two other shelters — Metro Turning Point Centre and Barry House.

"That's what it's all about, to save some long run. The money that we do save will be turned back to programs and services, which is what we need in

HRM," said Smyth.

Turning Point will see 10 new beds for men, while Barry House, a shelter for women, will see six. Smyth says there should be plenty of capacity, and nobody will ever be turned away. Metro Turning Point will now stay open 24 hours a day.

"It makes more sense to have a fluid service."

Jerry Smyth

The umbrella name of the group will be Saint Leonard's Society.

The Department of Community Services is providing \$1.2 million in operational funding, an overall increase of about \$100,000.

"This ... is going to make a big difference in the lives of the people we help," said society executive director Michael Poworoznyk.

"It means they have a place to meet with people like case workers or counselors who can help them develop a plan to get off and stay off the streets."

METRO HALIFAX

Rookie cop awaiting RCMP decision after pleading guilty to drunk driving

A rookie RCMP officer is waiting to discover her fate after being caught driving drunk just a few days before she was supposed to start her job.

Const. Shaylene Paul was charged with drinking and driving in Halifax back in August, just four days before she was supposed to start work in Port Hawkesbury. Paul was a new graduate of the RCMP academy.

Last Friday Paul pled

guilty to the charge, and was fined \$1,000 and lost her driver's licence for a year.

Now RCMP are trying to decide what to do.

"There's a number of things that we can do. It can be anywhere from suspended from duties for a period of time to a full sus-

pension — in other words, you're done," said RCMP spokesman Sgt. Mark Gallagher.

"It's unfortunate that someone just coming out of training, that this would have happened to them. But that doesn't change how we're going to react to this."

METRO HALIFAX

Black Out A dark day downtown



A police officer directs traffic yesterday at the corner of Spring Garden Road and South Park Street. Over four thousand people in Halifax's downtown and south end were without power at lunchtime yesterday when a tree limb fell onto a power line. The power line at Oxford and Summit Streets went down at about 12:30 p.m., and cut power to homes and businesses on Bayers Road, Oxford Street, Inglis Street, Queen Street and the nearby side streets. Nova Scotia Power spokeswoman Margaret Murphy said power was back on by 1:30 p.m.

News in brief

ECONOMY The leading indicator for the United States fell for the 13th straight month, dating back to the onset of the global credit crisis in August 2007. StatsCan says the year-long weakness in autos and housing was followed by a further deterioration of labour market conditions. Nevertheless, consumer confidence recovered as the price of gas receded.

AWARD Truro-based Classic Rentals was recognized yesterday as the Truro and Area Chamber of Commerce Small Business of the Year. The award is presented by the Royal Bank of Canada, and is open to any business in the area that is less than five years old with 10 employees or less. "To be recognized ... to me it's an honour," co-owner Helen Brightman said. METRO HALIFAX

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Holiday Inn Express donates cash for van

Holiday Inn Express has given \$15,000 to help the East Hants Adult Learning Association buy a van. **METRO HALIFAX**

local 5

Expert touts role of 'otherfathers'

Looks to debunk stereotypes facing black men

Black men are more involved with families than is widely believed, but when they are absent, other men step in to help raise children, says Dr. Wanda Thomas Bernard, a leading parenting expert who speaks to a research conference today.

"Statistics show that black children are more likely raised by a single mother, but what the studies don't show is how the fathers are still involved and contributing to their child's life," she said in a phone interview.

Physical absence doesn't necessarily mean a father is emotionally absent from a child's life, she added.

However, when the fathers aren't around "otherfathers" become very common.

"Otherfathers" refers to those who fill the gap of absent fathers who have died, left the family, or

Conference

- "Shaking up the image that we have of black men as fathers" is the main message for Bernard's keynote speech at the Father Involvement Research 2008 conference in Toronto.
- The three-day event is Canada's first official gathering of international fatherhood experts.

have never been there, Bernard said. "Otherfathers is very common in terms of history of black fathers," she said.

She argues black families have an extended structure as opposed to a nuclear structure, which includes a father, a mother and children.

"The role of otherfathers is more significant when black newcomers come to the country," said Bernard, a professor and director of the School of

Social Work at Dalhousie University. "They are going to find replacements for the members of extended family, like grandfathers, uncles or neighbours."

She believes descriptions of "black men as being hypersexual, not responsible and more likely to be involved in crimes" are negative stereotypes.

The 2001 Canadian census shows almost half of black children 14 and under live with only one parent, compared with about one-fifth of children of other races living in single-parent homes. But Bernard suggests the role of social policy is the main factor leading to absent fathers in a black child's life.

"For a black born in this country, life is already prescribed," she said. "Intersection of race and class has a huge impact on the family structure for blacks." **TORSTAR NEWS SERVICE**

10-year sentence upheld by court

CRIME The Nova Scotia Court of Appeal has dismissed the appeal of a man's 10-year prison term after determining the ruling judge didn't show bias or err in sentencing.

Robert Paul Jones pled guilty and was sent to prison for drug conspiracy, trafficking, living off the avails of prostitution, and assault. He appealed the sentence because it was twice as much as another person involved in the same drug conspiracy, and because the sentencing judge heard a bail application for a third person involved with the drug conspiracy 18 months prior to the sentencing.

Three judges heard the appeal Sept. 12 in Halifax and ruled yesterday against both arguments. The ruling stated the difference in sentencing lengths was rationale based on the criminal records of the two individuals, and the fact a judge hears a related matter isn't sufficient to disqualify him. **METRO HALIFAX**

Call it High-tech treasure hunt



Ryan Deschamps, the chair of the Halifax Regional Municipality Community Access Program (C@P), flips a GeoCoin on Barrington Street yesterday. Two hundred and fifty of the coins are being hidden throughout the province so people with Global Positioning Systems in their Blackberries and cellphones can participate in a high-tech treasure hunt.

News in brief

MEETINGS Atlantic agriculture ministers have finished two days of meetings to further explore opportunities for regional co-operation. Nova Scotia Agriculture Minister Brooke Taylor hosted Ronald Ouellette from New Brunswick, Neil

LeClair from Prince Edward Island, and Kathy Dunderdale from Newfoundland and Labrador. Ministers also met with industry representatives to discuss the common challenges in the agriculture sector. **METRO HALIFAX**



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Canada will begin negotiations with South Korea on Nov. 3 to resume beef shipments to the Asian nation, which were banned in May 2003 due to mad cow concerns, Ottawa said yesterday. Before Korea closed its borders to Canadian beef, it represented the fourth largest market for the industry with \$50 million in annual sales. **REUTERS**

Canada/World

Candidates lining up to become top Liberal

New Brunswick MP Dominic LeBlanc looks certain to run for the Liberal leadership as pressure mounts on former New Brunswick premier Frank McKenna to toss his hat in the ring as well.

And former justice minister Martin Cauchon told Torstar News Service he's "very much tempted" to join the contest to replace Stéphane Dion, who announced this week he was stepping down as party leader after a disastrous election showing that cost the Liberals 19 seats.

While no one has officially declared intent to run yet, it's likely LeBlanc,

who represents the riding of Beauséjour, will challenge Toronto MPs Bob Rae and Michael Ignatieff, the presumptive front-runners in the leadership race.



McKenna

"He's planning to run and he's assembled a team that will surprise people," a Liberal strategist said yesterday.

LeBlanc, 40, is a Harvard-educated lawyer who was first elected in 2000. His father, Roméo LeBlanc, was a fed-

eral cabinet minister and then Governor General.

Meanwhile, McKenna, Canada's former ambassador to the U.S. and New Brunswick's Liberal premier for 10 years, is thinking about a leadership run, long-time friend David Peterson says.

If he decides to run, he would immediately become a frontrunner, Peterson, a former Ontario Liberal premier, said.

"He knows how to motivate people. And the fact is nobody hates Frank. It would be hard to run a negative campaign on Frank," Peterson said.

TORSTAR NEWS SERVICE

Atwood Asturian award winner



Margaret Atwood arrived in Oviedo, Spain, yesterday. The Canadian author will be awarded with the 2008 Prince of Asturias Letters award at a traditional ceremony tomorrow in the Asturian capital. The awards are held annually since 1981 to reward scientific, technical, cultural, social and humanitarian work done by individuals, work teams and institutions.

No U.S.-style crisis for Canada: TD

HOUSING The drop in Canadian home prices in September may not be as severe as it seemed, TD Securities yesterday, bolstering the case that the country is not headed for a U.S.-style housing meltdown.

TD argued in a report that home prices fell 1.3 per cent in major Canadian markets in September, not the dramatic 6.2 per cent drop that was reported by the Canadian Real Estate Association (CREA) last week.

"Yes the housing market is correcting moderately but it does not have the making of a U.S.-style correction," said Eric Lascelles, chief economics and rates strategist at TD Securities.

REUTERS

Italy Protesters at film festival



A protestor is blocked by a security guard as she enters the red carpet area to protest against the decision by Rome Mayor Gianni Alemanno to close buildings occupied by squatters during Rome's film festival yesterday.

Republicans spent \$150K to outfit Sarah Palin

POLITICS Dressing up the self-styled hockey mom cost the Republican National Committee more than \$150,000.

Small potatoes in a big election, Republican officials said, after trips to Saks Fifth Avenue in New York and St. Louis and Neiman Marcus in Minneapolis for Republican vice-presidential candidate Sarah Palin were uncovered by politico.com, the U.S. political website.

There were published reports that Palin charged Alaska taxpayers more than \$21,000 for airfare and hotel accommodation so her children could travel with her to events. Almost half the wardrobe and accessory spending came in one fell swoop at Neiman Marcus in Minneapolis during the Republican convention where Palin had her introduction.

TORSTAR NEWS SERVICE

Brit politician under attack for donations

POLITICS A Russian billionaire, a yacht on the Mediterranean, allegations of secret donations and betrayal — all the ingredients the British media need to start a feeding frenzy.

After being exposed by an old friend, a senior British opposition politician has admitted he met Russia's wealthiest man on his \$150 million US yacht in the Mediterranean.

The Conservative party's chief spokesman on finance, George Osborne, says he has done nothing illegal. But the admission he met Oleg Deripaska several times last August, including once on his yacht, has revived an image of the Conservatives as elitist that they have long sought to shed.

Osborne denies seeking any such donation, which would have been illegal as it would have come from a foreign citizen, but has confirmed almost everything else.

REUTERS

News in brief

CANCER A broad analysis of genes has turned up 26 mutations linked with the most common form of lung cancer, several of which play a role in other cancers as well, researchers said yesterday.

STEM CELLS Researchers have discovered stem cells in the prostates of mice and grown complete prostates from them, but said they want to use the findings to search for better treatments for prostate cancer.

REUTERS

Business

Quebecor network to cost up to \$1B

WIRELESS Media and publishing group Quebecor Inc. said it will spend up to \$1 billion over four years to roll out its wireless network to compete against Canada's Big Three mobile providers.

The company said its new high-speed packet access network, running on Nokia equipment, should be up and running in 12 to 18 months.

REUTERS

Rate cut predicted as sales slip

Canadian retail sales dropped for the first time in six months in August, giving weight to analysts' predictions that the Bank of Canada will cut interest rates again this year to stimulate an economy hit by the financial crisis.

Statistics Canada said yesterday that retail sales slipped by 0.3 per cent from July due to lower sales in the automotive sector. Ana-

lysts had, on average, forecast a 0.2 per cent fall.

Derek Holt and Karen Cordes of Scotia Capital saw reason for the Bank of Canada to cut the interest rate again, as "consumers clearly lost their resilience even before the peak credit crunch hit. This does not bode well for the traditional Christmas retail season."

The central bank cut its key interest rate on Tues-

day by a quarter point to 2.25 per cent, and said it would likely have to ease credit further. The next scheduled rate announcement date is Dec. 9.

The S&P/TSX index dropped nearly 6 per cent yesterday, while the Canadian dollar sagged 2.69¢ to 79.70¢ US, a three-year low against the greenback, pressured by sliding commodity prices.

REUTERS

Business in brief

TAKEOVER Canadian cheesemaker Saputo Inc. said it plans to buy the Nielson Dairy division of George Weston Ltd. for \$465 million, to boost its presence in the Ontario fluid milk market.

TRENDS Airfares could decrease in North America next year, and likely declines in occupancy rates will keep hotel room rate increases in check, American Express predicted in its 2009 travel forecast.

RESULTS McDonald's Corp. posted a quarterly profit of \$1.19 billion, beating Wall Street estimates. It's growing faster than rivals as U.S. consumers visit fewer restaurants, but analysts said the economy may catch up soon.

CRISIS Troubled insurer American International Group Inc. will freeze \$19 million US in payments to a former CEO and execs of the unit that was its main source of problems.

REUTERS

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Comment & Views

Comment

Critical time for Liberals

Party has strong contenders to choose from to replace Dion

Home&Abroad

Andrew Cohen

Canada & world insight

Conventional wisdom holds that the Liberal Party of Canada, post-election, will sink into a long season of despair, division and decline. Not so fast.

It won't help that the proud Stéphane Dion — who did not deserve the character assassination he has stoically endured — will stay on until a leadership convention. It means he will be hit by friendly fire as his successors rush to distance themselves from his leadership and his losing policies, such as the Green Shift.

But the good news for

the Liberals is that they have strong contenders, as strong as they have had since 1968, when they chose Pierre Trudeau, or since 1984, when they chose John Turner.

Unlike the coronations of 1990 and 2003, which produced Jean Chrétien and Paul Martin on the first ballot, this contest will be more open.

For a party desperate to renew itself, this is critical. The more candidates, the broader the process. For what this can mean for democracy, see Barack Obama.

This time, the field will be broader and deeper than in 2006. That's be-

cause the leading contenders are stronger.

Michael Ignatieff, the front-runner last time, has sat in Parliament since February 2006.

As deputy leader, he has performed with style and eloquence. If the rap against him was political inexperience, it is no longer.

Bob Rae, his rival, has run and won a seat as a Liberal. The rap against

him is that he was a New Democrat who was an ineffective premier of deficit-ridden Ontario. He cannot erase his past — the Conservatives won't let him — but he will run as someone who is as effective in opposition as in power.

John Manley and Frank McKenna, should they run, bring the quality of elder statesmen, yet are young enough to renew the party. Both have name recognition and can raise money.

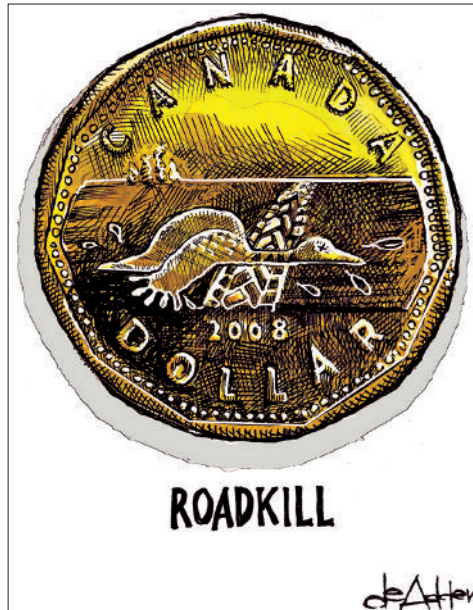
All are bilingual, experienced, serious players. Stephen Harper, take note.

The rest of the field? Gerard Kennedy and Martha Hall Findlay may run again, though other than having been elected, neither appears stronger than two years ago. Dominique LeBlanc may run, and so might Denis Coderre, but it's not a francophone's turn this time.

Of course, the Liberal malaise runs deeper than leadership. They need money, ideas and reorganization. Contrary to popular belief, though, this party is not over.

Andrew Cohen, a professor and journalist, is the author of *Extraordinary Canadians: Lester B. Pearson*.

"But the good news for the Liberals is that they have strong contenders, as strong as they have had since 1968, when they chose Pierre Trudeau, or since 1984, when they chose John Turner."



MICHAEL DE ADOR

Letters

Bill Bishop

It would be wise and only fair to make sure that it becomes common knowledge — and with the passage of time — the true perspective on the creation of the current national flag of Canada, and the great emotion and sadness that accompanied the moment has in many ways been purposely hidden, lied about, overlooked and, in many cases, forgotten.

In June 1964, it was written in the *Toronto Telegram*, "The people of Canada should be allowed to decide whether or not they wish to live under the flag of their forebearers or discard it in favour of a new emblem ... Mr. Pearson has an enviable reputation for sagacity and

diplomacy. Let him ask the people by referendum whether they want to replace the banner that carries the symbols of our nationhood by one that is mounted on the colour of surrender and would be most suitable for an arboretum."

In the Vancouver Province, it was written, "Canadians who are outraged at the thought of abandoning a flag sanctified by lives and blood of thousands of our countrymen in two great wars — a flag of colour and character in every way superior to the glorified dish towel that Mr. Pearson seeks single-handedly to impose on this country."

No one can change these facts and many of us will always remember.

Views

Mr. PM: More women needed in cabinet

By DONNA DASKO

With modest gains in last week's federal election, women finally shattered the glass ceiling (or is that floor?) of 21 per cent set during the previous three elections.

But this isn't exactly a breakthrough — our new Parliament is still only 22 per cent female, with 68 women elected, up from 64 in 2006. Canada now moves from the 51st country in the world for female representation to around 46th, while countries such as Sweden, Argentina, Spain, Rwanda and 41 other countries have more women in their national parliaments.

The results were also disappointing considering more women than ever were running — comprising 29 per cent of all candidates — but weren't winning. The Liberals ran the most women (113), but elected just 18, while the



"Harper has an opportunity to make history ... by appointing substantial numbers of women to his cabinet and into prominent roles and major portfolios."

Conservatives ran just 60 women, of which 23 were elected. The New Democrats ran 104 women and elected 12, while the Bloc Québécois ran 75 and elected 15. Following a familiar pattern that we have often seen, many women were nominated in "unwinnable" ridings where their parties did poorly in the past and where they had little chance of success.

Still, the parties did try harder and we see signs of growing awareness among the public and the media

that we need more women in elected office. Interest in female representation was undoubtedly sparked by massive media coverage of Hillary Clinton's remarkable, but failed, run to be the Democratic presidential nominee in the United States, and the Republicans' choice of Sarah Palin as that party's vice-presidential candidate.

With 23 women in his new caucus, Prime Minister Stephen Harper can boast the largest contingent of female MPs — a remarkable feat considering

his and his Conservative party's past problems in attracting female voters. And his women's caucus includes experienced and talented women, such as Calgary MP Diane Ablonczy and newly elected Gail Shea from Prince Edward Island, whose merits justify a strong female contingent in his cabinet.

Harper has an opportunity to make history — and to help compensate for the disappointing overall election result for women — by appointing substantial numbers of women to his cabinet and into prominent roles and major portfolios.

In doing so, he will help his own future prospects — and give voice and visibility to half the population.

Donna Dasko, PhD, is senior vice-president of the polling firm Environics Research Group Limited. She is a founder and national vice-chair of Equal Voice, a multi-partisan organization dedicated to electing more women to Canada's Parliament and provincial legislatures.

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Kobe Bryant hyperextended his right knee in the second quarter of the Los Angeles Lakers' exhibition game Tuesday night. Yesterday, the Lakers said they have no plans to have him undergo an MRI. He is listed as day to day. **METRO NEWS SERVICES**

Sports



Favre denies helping Lions

Brett Favre has denied reports that he called former Detroit president Matt Millen a few weeks ago and gave him and Lions coaches information they could use in a game against the Green Bay Packers. Favre, who had a bitter split with the Packers in the offseason, said yesterday that Millen had only called to invite him to go hunting.

METRO NEWS SERVICES

SPORTS@METRONews.CA

Lidge just happy to be in World Series

Even though All-Star loss cost Philly home field advantage

All things considered, the Phillies — much like W.C. Fields — would rather have been in Philadelphia.

Didn't happen, of course, and the 104th World Series opened last night in normally sleepy St. Pete. First out of the chute at loud and wonky Tropicana Field were young left-handed studs Cole Hamels for the Phils, Scott Kazmir for the Tampa Rays.

That the opener wasn't in Philadelphia, though ... well, in a bizaaro way, you might blame that all on Brad Lidge.

This would be patently unfair, given that the well-seasoned Phillie closer is a

mere 46-for-46 in save situations for the NL champs this season, five of those in the post-season — so far.

Truth be, however, one of Lidge's notable misfires — a mere blip in a near five-hour marathon at Yankee Stadium in mid-July — came in the wee morning hours in the south Bronx.

The last NL pitcher on the charts, Lidge started the 15th and ended up conceding a sac fly to Michael Young that scored Justin Morneau in a cloud of dust.

The 4-3 win, for the sixth straight year, assured the eventual AL champs the home field edge when things got down to the big October dance.

"There may be some guys in here (the Phillies' clubhouse) poking fun at me," said Lidge. "But it'll all be in good humour. They watched that game; they

know the circumstances."

As in warming up six times that night in New York, logging close to 100 pitches in the bullpen before finally getting the call in the 15th. He was the only one there to answer.

"As a closer, you try not to think about the past very often," said Lidge. "But, then, one of the first things that also comes to mind just now, is, 'Wow, it's great



TORSTAR NEWS SERVICE

Read more online at **metronews.ca**

For a complete recap of Game 1 of the World Series visit metronews.ca/sports

Beckham appears headed to AC Milan on loan

SOCCER Los Angeles Galaxy midfielder David Beckham is in talks with AC Milan over a short-term loan deal which will enable him to stay in contention for the England team during the U.S. close season.

"Will he arrive? I believe so, yes. He will stay here at Milan on loan for some months, we are talking about it with his agent," Milan chief executive Adriano Galliani said Wednesday.

"We will keep him for

some months and then he will leave."

A spokesman for Beckham said talks over a short-term deal were ongoing. "As yet nothing has been confirmed," he added.

England coach Fabio

Capello, whose side have won four out of four as they bid to qualify for the 2010 World Cup, has hinted he would only pick Beckham for February's proposed friendly with Spain if he was playing.

REUTERS

Bold biathletes Calendar girls



After having trouble getting the bare necessities to train and compete, the Canadian women's biathlon team decided to take their clothes off. Five athletes from the team posed for a calendar entitled *Bold Beautiful Biathlon*, which is being sold online (boldbeautifulbiathlon.com) for \$25, including shipping.



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| EASTERN CONFERENCE | | | | | Minnesota | W | L | OT | PTS | WORLD SERIES | | | | | |
| NORTHEAST DIVISION | | | | | Edmonton | 4 | 1 | 0 | 8 | LAST NIGHT'S RESULT | | | | | |
| | W | L | OT | PTS | Colorado | 3 | 3 | 0 | 6 | Philadelphia 3 Tampa Bay 2 | | | | | |
| Buffalo | 5 | 0 | 1 | 11 | Vancouver | 3 | 4 | 0 | 6 | TONIGHT'S GAME | | | | | |
| Montreal | 5 | 0 | 1 | 11 | Calgary | 2 | 3 | 1 | 5 | Philadelphia at Tampa Bay | | | | | |
| Boston | 2 | 1 | 3 | 7 | PACIFIC DIVISION | | | | | SATURDAY'S GAME | | | | | |
| Ottawa | 2 | 3 | 1 | 5 | | W | L | OT | PTS | Tampa Bay at Philadelphia | | | | | |
| Toronto | 1 | 2 | 2 | 4 | San Jose | 6 | 1 | 0 | 12 | SUNDAY'S GAME | | | | | |
| ATLANTIC DIVISION | | | | | Dallas | 2 | 4 | 1 | 5 | Tampa Bay at Philadelphia | | | | | |
| N.Y. Rangers | 6 | 2 | 1 | 13 | Los Angeles | 2 | 3 | 0 | 4 | QMJHL | | | | | |
| New Jersey | 4 | 1 | 0 | 10 | Phoenix | 2 | 3 | 0 | 4 | ATLANTIC DIVISION | | | | | |
| Pittsburgh | 4 | 2 | 1 | 9 | Anaheim | 2 | 5 | 0 | 2 | W | L | OT | PTS | | |
| N.Y. Islanders | 2 | 3 | 0 | 4 | LAST NIGHT'S RESULTS | | | | | Moncton | 11 | 0 | 2 | 24 | |
| Philadelphia | 0 | 3 | 3 | 3 | Florida 3, Ottawa 1 | | | | | | Cape Breton | 11 | 4 | 0 | 22 |
| SOUTHEAST DIVISION | | | | | Chicago 3, Edmonton 0 | | | | | | Saint John | 8 | 6 | 0 | 16 |
| Washington | 3 | 1 | 1 | 7 | San Jose 7, Philadelphia 6 (SO) | | | | | | Bathurst | 6 | 6 | 4 | 16 |
| Carolina | 3 | 1 | 1 | 7 | Detroit 4, St. Louis 3 | | | | | | P.E.I. | 5 | 7 | 0 | 11 |
| Florida | 3 | 3 | 0 | 6 | New Jersey 5, Dallas 0 | | | | | | HALIFAX | 4 | 10 | 0 | 8 |
| Atlanta | 2 | 2 | 2 | 5 | SCORING | | | | | LAST NIGHT'S GAMES | | | | | |
| Tampa Bay | 1 | 2 | 3 | 5 | | G | A | PTS | Chicoutimi at Moncton | | | | | | |
| WESTERN CONFERENCE | | | | | Malkin, Pgh | 2 | 9 | 11 | P.E.I. at Rouyn-Noranda | | | | | | |
| CENTRAL DIVISION | | | | | Semin, Wash | 6 | 4 | 10 | TONIGHT'S GAMES | | | | | | |
| Detroit | 4 | 1 | 1 | 9 | P.Stastny, Col | 1 | 9 | 10 | Baie-Comeau at HALIFAX | | | | | | |
| St. Louis | 4 | 2 | 0 | 8 | Vaneek, Buf | 7 | 2 | 9 | Chicoutimi at Saint John | | | | | | |
| Chicago | 3 | 2 | 2 | 8 | Savard, Bos | 5 | 4 | 9 | CIS FOOTBALL | | | | | | |
| Nashville | 3 | 3 | 0 | 6 | Dubinsky, NYR | 3 | 6 | 9 | ATLANTIC CONFERENCE | | | | | | |
| Columbus | 3 | 3 | 0 | 6 | S.Koivu, Mtl | 3 | 6 | 9 | W | L | T | PTS | | | |
| | | | | | Crosby, Pgh | 1 | 8 | 9 | Saint Mary's | 5 | 1 | 0 | 10 | | |
| | | | | | Kariya, STL | 1 | 8 | 9 | St. Francis Xavier | 3 | 3 | 0 | 6 | | |
| | | | | | | | | | Mount Allison | 2 | 4 | 0 | 4 | | |
| | | | | | | | | | Acadia | 0 | 6 | 0 | 0 | | |

Tung, Zelinski earn CIS honours

Dalhousie Tigers swimmer Bryce Tung, right, was honoured yesterday as Canadian Interuniversity Sport's male athlete of the week. The CIS also honoured Jeff Zelinski of the Saint Mary's Huskies, naming him football's defensive player of the week. **METRO NEWS SERVICES**

sports **9**

Bernard lands on his feet in Halifax

Mooseheads rookie winger on NHL draft radar after opting out of college route

MATTHEW WUEST
matthew.wuest@metronews.ca

To play for the Halifax Mooseheads, Jessyko Bernard had to sacrifice what had been his lifelong dream.

"Ever since I was eight years, I wanted to play NCAA," the rookie right-winger explained. "My stepfather and my mom are both teachers, and they pushed me academically. I wanted to do it my whole life, play hockey and go to school."

Bernard spent the past two seasons at Cushing Academy, a U.S. prep school in Ashburnham, Mass. But even before the Mooseheads drafted him 69th overall in June, he had a change of heart. He wanted to play major junior instead.

"I decided if I wanted to make a living or have a chance at a pro career, I had to play more hockey (through a longer schedule)," Bernard said. "The

"I decided if I wanted to make a living or have a chance at a pro career, I had to play more hockey (through a longer schedule). The Q was the place to do that."

Mooseheads rookie Jessyko Bernard

Q was the place to do that."

Bernard has landed on his feet in Halifax — and on the radar of NHL scouts. The six-foot-three 210-pounder has shown flashes of power-forward potential, skating a regular shift and making a smooth transition to the QMJHL.

He is eligible for next June's NHL draft.

"His assets are his offensive instincts, his good hands and his size, and he could have a presence offensively down the road,"



RYAN TAYLOR/METRO HALIFAX

Mooseheads winger Jessyko Bernard has two goals and two assists in 13 games so far this season.

Boston Bruins scout Donnie Matheson said. "If the foot-speed develops, he could be an interesting prospect."

The Moncton native has

MacMillan on Q team for ADT Challenge

Halifax Mooseheads forward Logan MacMillan was named to the Quebec Major Junior Hockey League's roster for next month's ADT Canada-Russia Challenge.

The team is effectively an all-star team of Q players eligible for Canada's world junior team

that faces off against Russia on Nov. 17 in Sydney and Nov. 24 in Saint John, N.B.

Antigonish's Alex Grant, of the Saint John Sea Dogs, and Olivier Roy and Mathieu Brodeur of the Cape Breton Screaming Eagles also cracked the ADT roster.

two goals and two assists in 13 games entering tonight's 7 p.m. tilt with the Baie-Comeau Drakkar at the Metro Centre. Those numbers are respectable when you're a rookie on the league's worst offensive team.

Bernard says he models his game after Milan Lucic. "I try to play like him," he said.

"I saw him in the Memorial Cup in 2006 and I thought he'd be a good guy (to emulate). Hard worker, physical force, and he's still got pretty good hands."

Matheson said Lucic was a similar skater to Bernard back in his junior days with the Vancouver Giants, and Lucic's hard work to improve in that area made him an NHLer.

Bernard would be wise to follow Lucic's lead, Matheson said, and the 17-year-old is ready to get started.

"I'm starting to get used to the game, get used to the speed," Bernard said. "I feel a lot more confident now and if I stay positive, I think good things will come."

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METRO NEWS SERVICES

Designer Showcase details

- Location: 1477 Lower Water St. Bishop's Landing
- Open for Viewing: Oct. 23 – Nov. 16
- Time: Thurs. & Fri, 12 p.m. – 8 p.m. Sat. & Sun, 12 p.m. – 6 p.m.
- Tickets: \$15 at the door
- For more information: 222-0004

Small yet spectacular

Tearing down and redesigning condos for a good cause

This year, 20 designers and decorators took on one of their biggest challenges in the annual Designer Showcase fundraiser for the Kids Help Phone—small, yet spectacular spaces. The results open to the public today.

Southwest Properties and Bishop's Landing donated two condos to the project. Although smaller than the usual South End homes tagged for transformation, they are equally impressive, each with harbour views and an exclusive address.

The volunteer designers converged a month ago to begin tearing down the units, and then redesigned them from the ground up. It was a massive undertaking, co-ordinated for the first time by Metro Guide Publishing and its East Coast Living magazine.

"We have worked on the souvenir magazine for many years, and this year we're very excited to take on a more active role, all while doing what we do best — inspiring home life in Atlantic Canada," says Shelia Blair-Reid, publisher of Metro Guide Publishing and co-chair of Designer Showcase.

Design firms such as Attica, Tower Interiors, Signature Designs and Tromp l'Oeil Murals proved that Halifax's designers are a talented bunch. With no constraints, the group came up with some innovative ideas for the extraordinary spaces. They



Top and right: Two of the redesigned spaces for the annual Designer Showcase.

used the views to their full advantage while creating spaces that ranged from traditional to contemporary.

By paying the price of admission to explore these beautiful rooms, people are actually helping Kids Help Phone.

"This is a great chance to peek inside one of Halifax's newest landmark buildings, see these amazing rooms and help a very worthy cause," says Patty Baxter, associate publisher at Metro Guide Publishing and co-chair of Designer Showcase.

The support line helps kids deal with everyday issues like friendships to homework, to much more



serious problems like suicide and depression. In a year, the Kids Help Phone will field up to two-million inquiries from kids asking about how to cope. Its team of counsellors and volunteers ensure that when kids have a question, someone will answer.

Designer Showcase has

been a signature fundraising event for the Atlantic Chapter since 1997. This year, with a new production team, an amazing location and a talented team of volunteers, the Kids Help Phone keeps meeting its biggest challenge — keeping the lines open.

METRO NEWS SERVICES

NAVIGABLE WATERS PROTECTION ACT R.S.C. 1985, CHAPTER N-22

Department of Fisheries and Oceans hereby gives notice that an application has been made to the Minister of Transport, Infrastructure and Communities pursuant to the *Navigable Waters Protection Act* for approval of the work described herein and its site and plans.

Pursuant to section 9 of the said Act, Department of Fisheries and Oceans has deposited with the Minister of Transport, Infrastructure and Communities, and in the Halifax Regional Municipality at Halifax under deposit number 91713533 a description of the following work, its site and plans: Existing Marine Terminal, Wharf, Fill, Dock (Commercial) and Sheet Steel Piling in, on, over, under, through or across Halifax Harbour at Dartmouth Canadian Coast Guard Base in front of the foot of Parker Street.

Comments regarding the effect of this work on marine navigation may be directed to: The Manager, Navigable Waters Protection Program, Transport Canada, P.O. Box 1013, Dartmouth, NS, B2Y 4K2. However, comments will be considered only if they are in writing and are received not later than 30 days after the date of this notice. Although all comments conforming to the above will be considered, no individual response will be sent.

Signed at Dartmouth, NS, this 11th day of September, 2008.
Vera Allen



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lifestyle 11

Food

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA



While slow cooker cookbooks would have you cooking everything in the slow cooker, in my opinion, it is best for braising less tender cuts of meat. So stews, chili, pot roasts and lamb shanks are ideal for the slow cooker — and, of course, a deliciously soft-pulled pork sandwich.

Tender, loving slow cooking

À la carte

Barb Holland


Metro Food Writer

Slow cookers are nice to come home to — and the ideal appliance for braising (cooking low and slow in liquid) less tender but flavourful cuts of meat. A pork shoulder roast is a perfect case in point — slow cooking tenderizes the meat such that it shreds easily, aha — pulled pork.

This recipe requires a little planning to make it at least a day ahead. I often let the slow cooker cook it overnight, then cool and refrigerate it during the day. The fat rises to the top and hardens when chilled, making it easy to remove. Serve on onion buns with coleslaw.

Pulled Pork

An easy meal that is popular with kids and adults alike (and makes great leftovers). Makes 6 servings.

INGREDIENTS:

- 2 lb (1 kg) boneless pork shoulder roast, remove any excess fat
- 2 tbsp (30 mL) prepared mustard

Dry Rub:

- 1 tbsp (15 mL) each granulated sugar and paprika
- 1-1/2 tsp (7 mL) each brown sugar, ground cumin, chili powder and black pepper
- 1/2 tsp (2 mL) each salt and cayenne
- 2 onions, halved and thinly sliced
- 1/2 cup (125 mL) smoky barbecue sauce
- 6 soft buns
- Coleslaw

METHOD:

Spread mustard over pork. Make rub mixture by combining sugar, paprika, brown sugar, cumin, chili

powder, pepper, salt and cayenne. Pat evenly over pork. Place in slow cooker, top with onions and barbecue sauce. Cook, covered on LOW for 8 to 10 hours or until very tender.

Transfer pork to a cutting board and cool slightly. Using two forks, shred meat, discarding any fat. Cool, then cover and refrigerate. Put the cooking liquid in a tall bowl, cool then refrigerate to solidify fat.

Remove fat and transfer liquid to a saucepan. Bring to a boil and cook to reduce and thicken it. (Or blend a little cornstarch with cold water, whisk into cooking liquid and bring to a boil, whisking constantly, until thickened into a sauce.) Add meat to sauce and heat until warmed through. Serve on buns.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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Elizabeth Arden recently launched 5th Avenue Nights, inspired by the streets of Manhattan. It is a modern floral oriental that captures the glamour and excitement of city nights. Available at The Bay and Sears, \$40 for 30 ml. **METRO NEWS SERVICE**

Style



Monica Cruz inspired by the '50s

Spanish actress Monica Cruz, left, attended Toronto Fashion Week on Monday where the fall/winter Mango collection she co-designed with big sister actress Penelope Cruz was showcased. The Madrid-born siblings' limited-edition collection for Spanish retailer Mango, in stores now, features evening wear and some vintage-inspired styles. Through her translator she said the line was inspired by the American pinups of the 1950s. Mango clothing is available across Canada and be purchased at mangoshop.com. **TORSTAR NEWS SERVICE**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Style File

Kim Elbo

kim.elbo@metronews.ca

ask kim

I always hear about sample sales but never know when and where they are. Is there a site I could look at that has listings of sample sales?

Sample sales are one of the best places to look for designer clothing at almost cost prices. Try national websites like styledemocracy.com or ilovesamplesalesonline.com, and remember to always arrive early to ensure first pick on sizes and styles.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

Look polished with layers



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toodleebunny.com



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Designer: Melissa Clemente
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melissaclementedesigns.com



Extra Protection
Designer: American Eagle
Shop: American Eagle
Address: Various Locations
ae.com



Sporty
Designer: Bolle
Shop: Various Locations
Address: Various Locations
bolle.com



Classic
Designer: D&G
Shop: Sunglass Hut
Address: Various Locations
sunglasshut.com

necklaces

This season's necklaces are all about layered chains, little charms and mixed metals. The necklace by designer Melissa Clemente is an excellent example of the look for this season. Try these necklaces on top of a plain white T-shirt or dress, and I guarantee it will look polished and pulled-together. Also, always spend a little more money on real jewelry. Some costume jewelry bought at inexpensive prices can end up wearing off on you, breaking or even carrying a strong metal odour.

sunglasses

Sometimes we forget that we need protection from the sun during the fall and winter months. Steer clear from sun damage around the eyes with sunglasses that wrap around and have thicker stems that protect you from all sides. When you're out shopping, try to stay away from flashy labels that can be seen a block away. Instead, opt for something that is simple and not labeled with faux diamonds.



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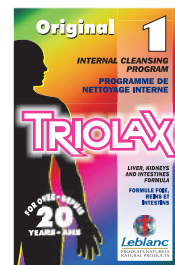


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Watts in talks to play Nobel winner

Actress Naomi Watts is set to play Nobel Prize winner Jody Williams in a new biopic. Watts is in talks with Universal to take on the role of the outspoken teacher who became known for her work on the International Campaign to Ban Landmines, for which she was awarded the Nobel Peace Prize in 1997. **IMDB.COM**

13

Entertainment

**More Dexter**

Showtime has picked up Dexter for two more seasons. Seasons 4 and 5 will consist of 12 episodes each, with production to start this spring in Los Angeles. **TVGUIDE.COM**

Sexsmith playing it by ear

Singer-songwriter performing with symphony as part of the Halifax Pop Explosion

PHILIP CROUCHER
philip.croucher@metronews.ca

Ron Sexsmith admits he'll be walking into his performance with Symphony Nova Scotia sort of blindly Friday night.

The Canadian singer-songwriter is playing with the orchestra as part of Halifax Pop Explosion.

"I actually really won't know what is going to happen until I get out there. So, it is a bit stressful," Sexsmith said in a phone interview last week. "But I think it will be nice once we get it all happening here."

Sexsmith said his road manager is working with the SNS to determine the songs they'll play together. It will likely be about five or six, with the rest of the concert being Sexsmith and his touring band.

"The two occasions I've played with an orchestra before, it's been amazing," he said. "I'm really looking forward to it. I just hope there is enough for

them to do, really."

The 44-year-old Sexsmith is in the middle of a whirlwind tour in support of his new album, *Exit Strategy*. Sexsmith has spent the last two months touring North America, and next week begins a six-week stint of shows in Europe.

The new-14 track album is an intimate journey of soulful music, and includes Sexsmith on the piano and the introduction of a Cuban horn section.

"The horns give it that vibe," Sexsmith said. "I didn't really hear that going in. The initial idea was to kind of do something stripped down actually, and it sort of turned into this thing."

The track *This Is How I Know* is full of these horn sounds. Another notable song is *Brandy Alexander*, which he co-wrote with fellow Canadian singer-songwriter Leslie Feist.

This is the ninth full-length album released by Sexsmith, who is from St. Catharines, Ont.

"I can hear the changes



Ron Sexsmith teams with Symphony Nova Scotia Friday night.

from record to record," Sexsmith said of his growth as a musician. "You just try to get better all the time."

This will be the third time Sexsmith has performed as part of Halifax Pop Explosion. The week-long music festival runs through Saturday.

"The times I've been there for the Pop Explosion, it's been a great scene," Sexsmith said. "I've run into people I don't get to see that often.

It's such a great music town anyway."

If you go

- **WHAT:** Ron Sexsmith with Symphony Nova Scotia
- **WHEN:** Tomorrow at 7:30 p.m.
- **WHERE:** Rebecca Cohn Auditorium
- **TICKETS:** Cost \$32 to \$47.50. Phone 494-3820 or visit www.symphonynovascotia.ca

Neptune names Pothitos as new artistic director

PHILIP CROUCHER
philip.croucher@metronews.ca

Neptune Theatre has a new artistic director. George Pothitos of the Sudbury Theatre Centre is taking over the position from Ron Ulrich, who stepped down from the post to become artistic director at Theatre Aquarius in Hamilton.

Ulrich announced in April he was leaving Neptune, and after a six-month search, the theatre's board announced yesterday they selected Pothitos.

"George has a tremendous background," said Neptune's general manager Doreen Malone. "He's been running the Sudbury Theatre for the last eight years and has had a suc-

cessful tenure there, both artistically and financially.

"I think he'll bring that strength to Neptune Theatre."

In Sudbury, Pothitos programmed plays like *Of The Fields and Lately*, and was instrumental in erasing a long-standing accumulated deficit and getting an increase in ticket sales.

"I am absolutely thrilled and honoured to accept (this) position," Pothitos said in a

release. "I have always loved the East Coast and the wealth of artists it has fostered and exported to the rest of the country."

Pothitos will be in Halifax Tuesday for Neptune's annual general manager. He will take up full time residence in Halifax next June.

**Entertainment in brief**

ART The opening reception for House Of Voltage, a new exhibition at Eyelevel Gallery, takes place tonight at 7 p.m. It features the work of five visual and media artists who recently participated in the Centre for Art Tapes' Electronics Residency Program. The exhibition is on display through Nov. 22.

MUSIC Music Nova Scotia has added Rebekah Higgs and Christina Martin to the list of performers appearing at its gala awards show Sunday, Nov. 9 at the John Broder MacDonal Stadium in New Glasgow. The event will be hosted by George Canyon.

METRO HALIFAX

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Spider-Man director Sam Raimi has hinted the fourth and fifth installments of the franchise could be shot simultaneously. A fourth Spider-Man movie is due for release in 2011 with original star Tobey Maguire returning as the web-slinging crime fighter. **IMDb.COM**

***** A CLASSIC; **** EXCELLENT; *** GOOD; ** FAIR; * POOR

AC/DC rocks old riffs

AC/DC

Album: Black Ice
Label: Columbia/Sony BMG
Rating: ****

ONE FORMULA DRIVES this five-member Aussie institution — rock 'n' roll. Want proof? Three songs make reference to it; one more says they're 'rocking.' Really. But would you honestly

expect, 35 years on, that schoolboy-dressing blues-metal riffmeister Angus Young et al. would dare reinvent themselves as power balladeers or into techno remixes or sappy country-pop? That said, this first new AC/DC effort in eight years, er, rocks with more the energy of 1995's *Back in Black*, lacking many of Young's hook-laden intros, filled instead with some very ZZ Top-meets-

CCR swampy rhythms and nary a lyrical call to raise hell. **Ian Nathanson/for Metro Canada**

Sebastien Grainger

Album: Sebastien Grainger & The Mountains
Label: Outside
Rating: ****

SEBASTIEN GRAINGER PULLS himself out of the crater left by



AlbumReviews

music@metronews.ca

Death From Above 1979 for his first full-length solo effort. Grainger discovers that he doesn't have to use a rubber mallet to drive home his point. There's surprisingly strong melody behind the bending walls of roughly textured rock. And he earns extra points for being able to craft an indie-rock anthem around the chorus "I hate my friends, most of the time." Even the noise sounds sweet here.

Graham Rockingham/for Metro Canada



Black Ice is the first new AC/DC album in eight years.

Gate Jumpers and Every Valley Is Not a Lake.
Jim Reyno/Metro Canada

Cold War Kids

Album: Loyalty to Loyalty
Label: Downtown/Warner
Rating: ****

SHH — IT'S HOW you use it. Many bands don't use silence at all. It's like they're afraid of it, filling in as many notes as they can on whatever instruments they can get their hands on. Not the Cold War Kids. The Long Beach, Calif., four-some excel on Loyalty to Loyalty's spare, unhurried arrangements. Check out Against Privacy and Every Man I Fall For. Every note counts. Drummer Matt Aveiro's comments hit you in the gut like bad news. Loyalty to Loyalty also features some captivating vignettes, particularly Golden



Jill Barber

Album: Chances
Label: Outside
Rating: ****

AFTER WINNING OVER the roots community with her 2006 folkie CD, *For All Time*, Jill Barber offers up a charming bit of '40s retro with producer-arranger Les Cooper doing an exquisite job of capturing the big band sounds of Guy Lombardo and Nelson Riddle. Barber's throaty voice swings out bluesy gospel originals (Oh My My, Wishing Well) and slides through satin-sheet romance (Take It Off Your Mind). But the star of the show is Cooper's orchestra-



tion. All taste and style.

Graham Rockingham/for Metro Canada

Of Montreal

Album: Skeletal Lamping
Label: Polydor
Rating: ****

KEVIN BARNES' WACKY songwriting has been the driving force behind Of Montreal's success. But has the Athens, Ga. native gone too far here? Assuming the hyper-sexual persona of alter-ego Georgie Fruit, Barnes blasts through 15 songs of sunny pop, curious R&B and Scissor Sister-like sounds. While the weird time changes and odd harmonies are still there, the bizarre lyrics and more-confusing-than-usual songwriting make Skeletal Lamping a tough record to get into.

Bryan Borzykowski/for Metro Canada

The Dears

Album: Missiles
Label: Dangerbird/MapleMusic
Rating: ****

THE STAGE WAS set for Montreal's The Dears to reach Feist-like heights this year, but their new album may derail their momentum. Murray Lightburn and Natalia Yanchak are the only original members at the helm now, and it shows. With a bevy of long-winded tunes and forced drama many fans will be longing for the Dears of old. Saying that, there's no question that Missiles gets better with each spin, though, it might take more than a few repeats to embrace this effort.

Bryan Borzykowski/for Metro Canada

Read our review of The Organ's new EP *Thieves* at metronews.ca/music

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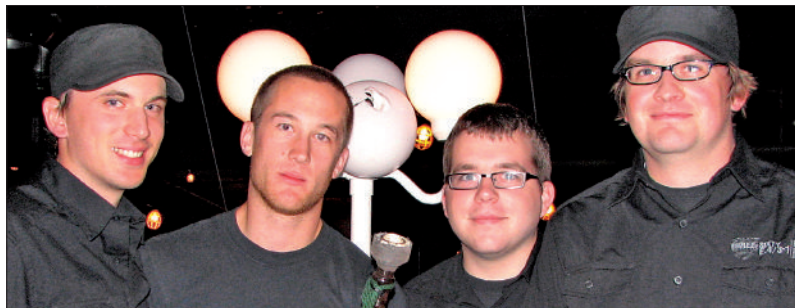
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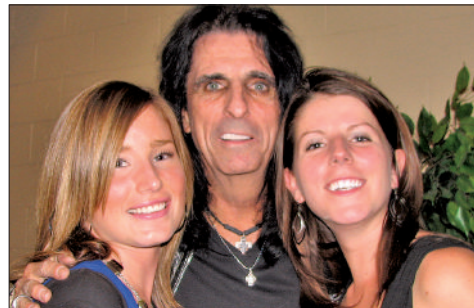
Hathaway attached to The Fiancé

Anne Hathaway is attached to headline Warner Brothers' *The Fiancé*. In the film, Hathaway would play a woman who calls off her wedding, only to find her family feels so sorry for the jilted groom they bring him into their lives anyway. EW.COM



Above: Squid's Daniel St. Pierre, left, Ryan Fraser, Mark Jamieson, and Ian MacMillan entertainED at the Big Brothers Big Sisters gala.

Right: Lucky fans Laura Sullivan, left, and Arin Selig meet Alice Cooper after his Friday Metro Centre performance.



From shock rock to a round of golf

HalifaxScene

Jamie Paterson

Right: Future scientists Jonathon Sproul, back, Stephen Vallee, front, Alicia Debaie, Emma Higgins, and Amanda Pilgrim let off steam at the Halifax Ale-house.



Left: Co-chairs Lynn Coveyduck, left, and Michael Dunn with Provincial Autism Centre's executive director, Cynthia Carroll, at the Autism Golf Ball.

Right: Katie Isenor and Tina Brennan at Bubbles' Mansion on Friday night.



This week began at the ballot box and ended at the ballot box, as residents of Metro — myself included — exercised their right to vote.

After all that exercising, I was ready for a drink, so I headed over to the Cunard Centre for the Big Brothers Big Sisters Gala Auction. Hard to believe this was the 40th anniversary for the event.

After dinner and drinks, C-100's Moya Farrell brought Squid to the stage. The precision drumming group continues to wow audiences worldwide with their extreme energy stage show.

Supporters on hand bid for auction items like an Arizona getaway, a day of shopping, and a bedroom makeover. The guest speaker for the night was no stranger to the Big Brothers Big Sisters movement, having been president in Nevada for a number of years.

Alan Gratzner was a rock star in his previous life as

drummer, backing vocalist and producer for REO Speedwagon. After 21 years with the band he left and now operates his own restaurant in Santa Barbara, California.

Dalhousie University celebrated its alumni Thursday night with Bringing It Home, the annual dinner to recognize the community contributions of former graduates. Tiger-proud graduates gathered at the Westin Nova Scotian to fete author Budge Wilson and Professor Dr. Tom MacRae, among others. Dr. Wanda Thomas Bernard, director of the School of Social Work, spoke passionately about the community.

Friday night, the king of shock rock took over the Metro Centre Stage. Alice Cooper was goth before it was cool. The show was just as gory as it has been for decades with plenty of blood, beheadings and black.

It's all a stage act, with the real-life Alice much more sedate — he's one of the friendliest rock stars I've ever met. In his off-stage hours, he's a restaurant owner (what is it about rock stars and eateries? Do they not get a decent meal on the road?), and a golfer with a scratch handicap.

A permanent parking

spot at the Cunard Centre is something I'll have to look into, since Saturday saw me back there for the Autism Golf Ball. This fun evening of indoor golf is all about supporting the Provincial Autism Centre. Each of the 18 holes represented a different Wonder of the World. Golfers putted through hazards that would have made Mike Weir shudder!

One of the more popular destinations (for me, at least) was the martini fountain. A perfect compliment to the amazing international food created by Executive Chef Tahir Salamati.

I was able to travel to India, Japan, and Russia without leaving the room. Nancy Regan, whose 18-year-old nephew lives with autism, hosted the evening. The Hopping Penguins rounded out the night so folks could dance away the time until the dessert tables were rolled out.

Looking ahead, we are deep into the Halifax Pop Explosion. I suspect I'll be spending some quality time in Hell's Kitchen and at the Seahorse. Any band named Swedish Death Polka certainly has my attention!

When he's not making the Scene, Jamie Paterson hosts The Drive and The Beatlebrunch on KOOL FM in Halifax



Above: Joy Simmonds and Sheryl Gray at the Big Brothers Big Sisters Gala & Auction.



Above: Is that tower leaning? Monica Rodriguez and Suzie Villacastin at the Autism Golf Ball.



Above: Jennifer and Clark Oliver sample some international cuisine at the Autism Golf Ball.

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Actor Dennis Haysbert has been voted Favourite On-Screen President for his portrayal of President David Palmer in the hit action series 24, in a Blockbuster poll. **IMDB.COM**

A political star is born

IntelVision



A STAR IS BORN: No matter who wins the U.S. election in less than two weeks, it's hard to deny that the person who'll be remembered after the voting is over won't be either Barack Obama or John McCain, but McCain's running mate, Sarah Palin.

Palin's campaign has had an electrifying effect on Tina Fey's already hot career, so much so that there are grumbles that her cameo appearances on Saturday Night Live as a Palin impersonator have overshadowed the imminent debut of the new season of 30 Rock, the show that's supposed to be her main gig.

Alec Baldwin, her 30 Rock co-star, even made his own cameo appearance on Saturday Night

Live this weekend, the episode that saw Palin's two brief appearances pull in an astounding 14 million viewers, the show's best numbers in 14 years, and likely much higher if you include the many thousands who'll be watching clips of Palin's guest spots online.

In a feature about SNL by the Chicago Tribune's Maureen Ryan, cast member Seth Meyers stated the obvious when he said that

"I don't think we'd have the same heat if Mitt Romney had been picked as the vice presidential nominee." Strangely, though, show creator Lorne Michaels insisted to Ryan that the ratings boost were due to the timeliness of Fey/Palin's spots, which have turned the show back into a live viewing event.

It's an odd assertion to make in light of the viral success of the skits online, where the upsurge in live ratings has been more than matched by downloads of streaming video from NBC's site and other web sources — 13 million confirmed downloads

with your easy chair at a given time each night — are rapidly becoming obsolete."

In a Newsweek piece last weekend, it was even suggested that Palin's success can be tied to shows set in the governor's home state of Alaska — programs such as Discovery's Deadliest Catch and Toughest Race On Earth: Iditarod, as well as History's Tougher In Alaska.

The New York Times even went so far as to damn Palin with faint praise, lauding her for her "engaging, relaxed" spot on SNL, and suggesting that if things don't turn out that well on Nov. 4, Palin might do a reverse Reagan and "someday host her own television show."

Rick McGinnis writes about music, movies, books and television, but not opera.

"The New York Times even went so far as to (suggest) that if things don't turn out well on Nov. 4, Palin might ... 'someday host her own television show.'"

from NBC's servers alone of Fey's first appearance as Palin this fall, according to an Associated Press story, in addition to an estimated 1.2 million delayed views on PVRs after the airing.

"It's not the only sign this fall of how the typical habits of watching TV," wrote David Bauder of AP, "making an appointment

Spears' driving case tossed in mistrial

IN COURT A judge Tuesday dismissed a charge of driving without a licence against pop star Britney Spears, after jurors said they could not reach a verdict and a prosecutor said he would not pursue a retrial.

The charge stemmed from an August 2007 collision between Spears' vehicle and another car in a Los Angeles parking lot as photographers trailed her.

Prosecutors said Spears had lived in California since May 2006 and was legally required to get a licence from the state.

Her attorney argued she had a licence from her home state of Louisiana and did not legally need a California licence.

The jurors told Los Angeles Superior Court Judge James Steele they were deadlocked 10-2 in favour of acquittal, and the judge then declared a mistrial.

Spears' attorney, J. Michael Flanagan, said she got a California licence last year, after the August collision, and that prosecutors should have dropped the case after that.

"If she's not a celebrity, they never charge the case," Flanagan said.

A spokesman for the Los Angeles City Attorney's Office said

Spears was not treated any differently because of her fame. "The jury has spoken and we'll accept that and move on to any number of ... cases that we're handling on any given day," said Frank Mateljan.

Spears is working her way out of recent troubles including a battle with her ex-husband for custody of their children, bizarre behaviour, hospitalization for psychiatric evaluation and having her father take control of her business and personal affairs. **REUTERS**



Britney Spears

| HA | H | D | B | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---------------|-----|-----|-------|--------------------------------------|---|--|---|---|----------------------------|---|----------------|----------------|
| 10/23/08 | 31 | 31 | ABC | News (N) | ABC World News | Inside Edition | Chronicle | Ugly Betty (N) | | Grey's Anatomy (N) | | Life on Mars |
| | 7 | 7 | ASN | The Road to Avonlea | Robson Arms | TMZ (M) | Medium (N) | America's Next Top Model | | Eleventh Hour | | The Hour |
| | 11 | 11 | CBC | Coronation St. | Jeopardy! (N) | The Nature of Things (N) | Doc Zone (HDTV) (N) | CBC News: The National | | CBC News: The National | | The Hour |
| | 2 | 2 | CBC-F | Terre humaine | Pyramid (SC) | Virginie (SC) | Infoman (SC) | A la recherche de Champlain | | Grosse vie (N) | C.A. (N) (SC) | Le Téléjournal |
| | 32 | 32 | CBS | News (N) | Evening News | The Insider (N) | Entertainment | Survivor: Gabon (N) | | CSI: Crime Scene Investg. | | Eleventh Hour |
| | 69 | 69 | CFTM | TV 18 heures | Le Cercle (SC) | La Fièvre de la danse (SC) | | Occupation double | | Vlog (SC) | | TV 22 heures |
| | 6 | 6 | CHP | Entertainment | ET Canada | Life on Mars (HDTV) (N) | | Survivor: Gabon (N) | | The Office (N) | SNL Update | News (N) |
| | 9 | 9 | CJCH | etalk | Dance | ER "Parental Guidance" | | CSI: Crime Scene Investg. | | Grey's Anatomy (N) | | News (N) |
| | 10 | 10 | ELTV | (6) EastLink Television | | | | Podium TV | | EastLink Television | | |
| | 36 | 36 | FOX | Deal-Or-No Deal | The Simpsons | Two/Half Men | Two/Half Men | MLB Baseball World Series Game 2 - Philadelphia Phillies at Tampa Bay Rays. | | The Office (N) | SNL Update | ER (N) |
| prime time | 12 | 12 | NBC | News (N) | NBC News | Hollywood | Extra (N) | Name Is Earl | Kath & Kim (N) | The Office (N) | SNL Update | ER (N) |
| | 29 | 29 | NW | World News | Business | CBC News | Newman | The Hour Phil Town. | | CBC News: The National | | Hobbit Enigma |
| | 4 | 4 | PBS-N | NewsHour With Jim Lehrer | Greater Boston | Basic Black | Worldfocus | Great Performances "Barenboim on Beethoven" | | CBC News: The National | | Handy Writers |
| | 35 | 35 | PBS-D | NewsHour With Jim Lehrer | Business Rpt. | Worldfocus | This Old Hse. | Hometime | Ask This Old | Michigan | | Spain-On Road |
| | 68 | 68 | TQS | (6:30) Le Retour (SC) | Grande fille | Loft Story | Point de rupture (2007, Suspense) Kathryn Winnick. | | | | | 110 pour cent |
| | 23 | 96 | BNN | Business News | Headline | Market Call | Commodities | GetConnected | Business News | Squeeze Play | | Market Call |
| | 18 | 18 | CNN | (5) The Situation Room | Lou Dobbs Tonight | Market Call | Commodities | CNN Election Center | | Larry King Live | | Cooper 360 |
| | 54 | 54 | GOLF | PGA Tour Golf: Frys.com Open | Post Game | Big Break X: Michigan | Golf Central | PGA Tour Golf Frys.com Open -- First Round. | | PGA Tour Golf Frys.com Open -- First Round. | | |
| | 52 | 52 | RSE | Prime Time Sports | SportsNet Con. | MLB Pregame | MLB Baseball World Series Game 2 - Philadelphia Phillies at Tampa Bay Rays. | | | | | |
| | 55 | 55 | SCOR | Hockey Talk | Game On | Score on NFL | College Football | Autumn at West Virginia. (Live) | | | | |
| sports | 45 | 45 | SPD | Unique Whips | Pass Time | Pinks (HDTV) | Pinks -- All Out | Pinks -- All Out (HDTV) | | Pinks -- All Out (HDTV) | | Wrecked (N) |
| | 53 | 53 | TSN | Off the Record | SportsCentre | NHL Hockey Toronto Maple Leafs at Boston Bruins. (HDTV) (Live) | | | | NHL Hockey | | |
| | 43 | 43 | FAM | Zoe 101 | Life Derek | Wizards-Place | That's Raven | Zack & Cody | Natural-Sadie | Han, Montana | Life Derek | Ned's School |
| | 44 | 44 | TOON | Scooby Doo and the Monster | Planet Sketch | Planet Sketch | Ghosts-Scooby | Ghosts-Scooby | 6teen | Total Drama | Futurama | The Critic |
| | 26 | 26 | TREE | Max & Ruby | Backyardigans | Ni Hao, Kai-lan | Night Grdn | Toot & Puddle | Franklin | Little Bear | Maggie-Beast | Big Comfy |
| | 27 | 27 | YTV | Drake & Josh | iCarly | H2O, Just Add | Prank Patrol | Malcolm-Mid. | Sabrina-Witch | Futurama | Prank Patrol | Mystery Hnt. |
| | 16 | 16 | A&E | Cold Case Files | CSI: Miami (HDTV) | CSI: Miami (HDTV) | The First 48 (HDTV) | | | The First 48 (HDTV) | | Jacked: Theft |
| | 70 | 70 | APTN | News | Suaanang (N) | Rez Rides | Next! Youth | renegadeexpress | | The Mask *** (1994, Comedy) Jim Carrey. | | |
| | 50 | 50 | BET | 106 & Park: BET's Top 10 Live (Live) | | Hip-Hop '08 | Hip-Hop Awards '08 Top hip-hop artists are honored. (N) | | | | | Gangster |
| | 37 | 37 | BRVO | Street Legal | Desperate Housewives | Camera | In the Mind ... | Liberty Stands Still (2002, Suspense) | | | | |
| family | 95 | 97 | CLT | Mysterious Ways | Judging Amy | Judging Amy | Getting Married in Buffalo Jump ** (1989), Paul Gross | | | | | Mysterious |
| | 26 | 25 | CMT | Sugarland: Live at the Revival | Tara Diaries | The Wilkinsons | Home Improve. | Reba | Reba | Hope & Faith | | |
| | 49 | 49 | COM | Laughs | Air Force | Just for Laughs | Corner Gas | The Simpsons | South Park | VIP | | |
| | 153 | 153 | COURT | Truth, Duty, Valour | The Investigators | The Investigators | Cops Uncut | Dumb Criminal | Navy SEALs: Untold Stories | Investigators | | |
| | 38 | 38 | DISC | How It's Made | How It's Made | Daily Planet (N) | Brazil Special 1 (N) | | Brazil Special 2 (N) | MythBusters | | |
| | 34 | 48 | HGTV | Holmes on Homes | Home Hunters | Property Virgin | Holmes on Homes | The Fix | Disaster DIY | Home to Flip | | |
| | 46 | 46 | HIST | Submarine: Mission Imp. | NCIS "UnSealed" | Lost Worlds | Video on Trial | Video on Trial | Submarine: Mission Imp. | NCIS | | |
| | 17 | 17 | MM | Pimp My Ride | disBand (N) | Greek | Video on Trial | Video on Trial | Regress: Next | Instant Star | Greek | |
| | 19 | 19 | MMM | MusicProfile | mmmtop10.com | | Spice Girls-Giving | | Revival | Where You At | Work for Diddy | |
| | 201 | 201 | M1 | Water Horse: Legend | (8:15) The Last Door (2004, Drama) | Ed's Up | Commando: On the Front Line | Survivorman | | | | Pilot Guides |
| cable variety | 48 | 23 | OLN | The Amazing Race 4 | Ed's Up | House-Payne | House-Payne | Friends | Friends | Friends | Steve Harvey | |
| | 51 | 51 | 51 | PEACH | Seinfeld | Friends | Friends | Friends | Friends | Friends | Steve Harvey | |
| | 206 | 206 | PIX | (6:30) Barbarella (1968) | (8:15) Death of a Gunfighter ** (1969, Western) | 24 Hours en 60 minutes | Grands reportages (SC) | ReGenesis (HDTV) | Le Téléjournal (SC) | RDI en direct | | |
| | 67 | 67 | RDI | RDI en direct | RDI en direct | Painkiller Jane | ReGenesis (HDTV) | Star Trek: Voyager | Trailer Park | Trailer Park | Saving Grace | |
| | 39 | 39 | SHOW | EastEnders | Matchmaker | End of Leash | ET Canada | Ride, Poor Ride | X-Weighted | Biggest Loser | | |
| | 40 | 40 | SLICE | Matchmaker | Til Debt-Part | Lost "Orientation" | CSI: Crime Scene Investg. | CSI: NY (HDTV) | Battlestar Galactica | Chuck | | |
| | 47 | 47 | SPACE | Stargate SG-1 (DVS) | Lost "Orientation" | CSI: Crime Scene Investg. | CSI: NY (HDTV) | Look-A-Like | In Fashion | Tonight Show | | |
| | 14 | 14 | SPIKE | Unsolved Mysteries (HDTV) (N) | The Ellen DeGeneres Show | TMZ (N) | etalk | Overhaul'n' (HDTV) | American Chopper (N) | LA Ink | | |
| | 58 | 98 | STAR | FashionTele | Look-A-Like | LA Ink "Comic Relief" | Beverly Hills, 90210 | Make or Break | What Happen? | Family Guy | Seinfeld | |
| | 21 | 21 | TLC | What Not to Wear | Que-champion | Journal de TOUT | Murder, She Wrote | Wait for God | Keeping Up | Confidential | Save Us-House | Divine Design |
| cable variety | 56 | 34 | TROP | Make or Break | Naked Fashion | Journal de TOUT | Murder, She Wrote | Wait for God | Keeping Up | Confidential | Save Us-House | Divine Design |
| | 20 | 20 | TVS | Que-champion | Journal de TOUT | Journal de TOUT | Murder, She Wrote | Wait for God | Keeping Up | Confidential | Save Us-House | Divine Design |
| | 28 | 28 | V | Jozi-H "Blue Eyes" | Style by Jury | Will & Grace | Friends | Divine Design | House | Supernatural (HDTV) (N) | | WGN News |
| | 22 | 22 | W | House | Style by Jury | Will & Grace | Friends | Divine Design | House | Supernatural (HDTV) (N) | | WGN News |
| | 251 | 251 | WGN | Be-Millionaire | Evening News | Two/Half Men | Family Guy | Smallville "Prey" (N) | | | | |

critics'corner

Kath & Kim

Kath (Molly Shannon) can't wait to start planning her big wedding to Phil (John Michael Higgins) but starts to feel insecure when Kim (Selma Blair) says she might be too old to have an extravagant wedding. Kath thinks she might be right and is later convinced when she catches Phil with a younger woman. 9:30 PM on NBC



The Nature of Things

Who wouldn't love his or her own R2-D2 or Rosie from "The Jetsons"? This new episode, "Rodney's Robot Revolution," profiles Rodney Brooks, a professor and expert on artificial intelligence who's on a mission to create a personal robot that ordinary people can actually afford. Brooks believes the human brain and body are basically very sophisticated machines. And humans know how to build machines, so what's to stop us from building smart ones? 8 PM on CBC

LA Ink

Tattoo maven and artist Kat Von D and the rest of her shop's crew rock it out at a Motley Crue concert. Later, Kat gets a surprise visit from her guy, Motley Crue bassist Nikki Sixx, who wants a portrait of his friend and fellow band member, Mick Mars. Can you tattoo wrinkles over wrinkles? Guess we'll find out. 11 PM on TLC

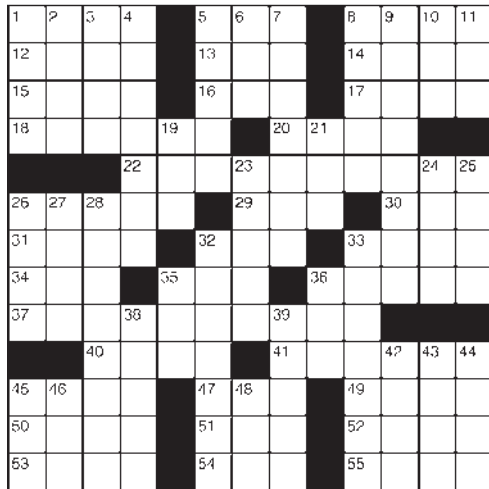
In brief

TELEVISION Actress Tina Fey says it took her a while to accept she was almost a perfect double for the Republican vice presidential candidate. "When I first saw her, I didn't think we looked alike at all," Fey told TV Guide in an interview released yesterday. "Then during the (Republican Party) convention, I started to think, 'OK, maybe a little' ... We glue my ears down. That's one of the tricks," Fey said. The 38-year-old television and film actress said she did not feel she had totally nailed Palin. "I expected people to be like, 'Ah-hh, we thought it'd be better than that,'" she said, adding, "I stand by the pieces as both fair and quite gentle." Fey had some kind words for Palin: "I'll tell you, that lady is five times better looking than I am. She's 44? She's got none of that droopiness ... She's keeping it tight!"

TELEVISION NBC has picked up its modestly rated Knight Rider remake for a full season, sources said yesterday. The move was foreshadowed earlier this month when the network ordered four additional scripts of the Wednesday night action-drama. The most recent Rider episode was seen by 6.9 million viewers, down from its disappointing premiere haul of 7.3 million last month. The two-hour movie that served as a "backdoor pilot" for the series averaged 12.7 million viewers in February. **REUTERS**



Take Five



Crossword across

- 1 Long cut
5 Scrooge's cry
8 Treaty
12 Ready for the picking
13 Leading lady?
14 Perjurer
15 Concept
16 Author Fleming
17 Set of "Risk" tokens
18 Mark over a long vowel
20 Catnap
22 Trophy wife's partner
26 Speak like 51-Across
29 Central
30 100 square meters
31 Unctuous
32 Carton

- 33 Circulate
34 Praiseful poem
35 Entertainment
36 Horn noises
37 Britney and Christina, e.g.
40 Suspended
41 Spoof
45 Bridge
47 Part of UCLA
49 Responsibility
50 Teller's partner
51 Farm female
52 Elevator man
53 Bohemian
54 Gender
55 Zilch

Crossword down

- 1 Gloomy
2 Verdi opera
3 Detail, for short
4 Inadmissible testimony of a sort
5 Existence
6 Ms. Gardner
7 Woodstock headliner
8 Shopping center
9 Black-and-tan terrier
10 Rotating part
11 Attempt
19 Chic no more
21 Peculiar
23 Surrounded by
24 Let fall

- 25 Some evergreens
26 Not-so-ugly Betty
27 Beach resort
28 GOP symbol
32 Messes up
33 Decorate
35 Half a sawbuck
36 Support system?
38 Optimistic
39 New Jersey county
42 Digging
43 Destruction
44 Latin 5-Down
45 Masseuse's workplace
46 Apiece
48 Have bills

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 8 | 9 | 5 | 4 | 3 | 1 | 2 | 6 |
| 1 | 2 | 5 | 7 | 9 | 6 | 8 | 3 | 4 |
| 6 | 4 | 3 | 8 | 2 | 1 | 9 | 7 | 5 |
| 3 | 6 | 2 | 9 | 8 | 4 | 7 | 5 | 1 |
| 5 | 9 | 7 | 1 | 3 | 2 | 6 | 4 | 8 |
| 8 | 1 | 4 | 6 | 5 | 7 | 2 | 9 | 3 |
| 2 | 7 | 8 | 3 | 6 | 5 | 4 | 1 | 9 |
| 9 | 3 | 1 | 4 | 7 | 8 | 5 | 6 | 2 |
| 4 | 5 | 6 | 2 | 1 | 9 | 3 | 8 | 7 |

Find today's answers + play more games at metronews.ca

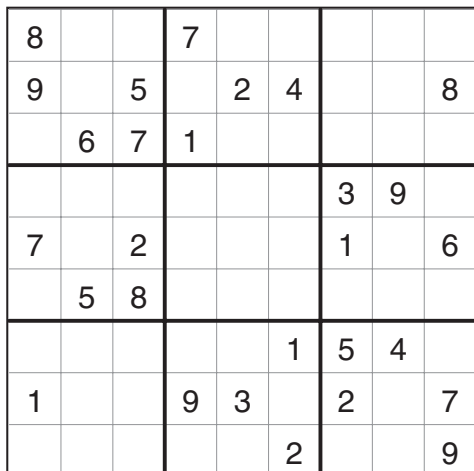
SUDOKU SOLVE TIME:

Under 13 minGenius
13-17 minScholar

17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Recipe of the day



Piquant Pasta and Tuna Salad

INGREDIENTS:

8 oz (250 g) pasta twists or spirals, such as cavatappi, fusilli or rotini
2 tbsp (25 mL) olive oil
1 onion, chopped
1 garlic clove, chopped
2 zucchini, thinly sliced
2 tsp (10 mL) sugar
2 tbsp (25 mL) commercially prepared red or green pesto sauce
1 tbsp (15 mL) white or red wine vinegar
1 tbsp (15 mL) capers
6 tomatoes, halved and cut in to thin wedges
1 can (6 oz/170 g) water-packed solid white tuna, drained and roughly flaked
6 black olives, pitted and halved
Garnish: Fresh flat-leaf parsley

- While pasta is cooking, heat 1 tbsp (15 mL) oil in a saucepan. Add onion and garlic, and sauté for 3 minutes, stirring often. Add remaining oil and zucchini and cook, stirring occasionally, for 3 minutes.
- Add sugar, pesto, vinegar and capers to onion and zucchini. Heat for a few seconds, stirring until ingredients have combined to form a dressing. Stir in tomatoes, then transfer the mixture to large mixing bowl and set aside to cool.
- Add drained pasta to the bowl. Gently mix in tuna and olives. Serve garnished with flat-leaf parsley leaves, if desired.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



METHOD:

- Cook pasta according to package instructions, until al dente. Drain well, rinse with cold water, and drain again.

Horoscopes

ARIES
MARCH 21-APRIL 20
Someone cares deeply for you. A clever female makes the rounds. Giving special treatment to someone will become important.

LIBRA
SEPT 23-OCT 23
Prepare to learn more about a critical person. Get rid of conflict by following the rules. A colleague has a dispute about a plan.

TAURUS
APRIL 21-MAY 21
You can help others fulfill their ambitions. Avoid alienating a brilliant leader. Fine people will create turmoil by the book.

SCORPIO
OCT 24-NOV 22
Research is hindered by private stuff behind the scenes. A reluctant person is an authority at work. A fool has to talk about ending a state of affairs.

GEMINI
MAY 22-JUNE 21
Provide a rational explanation for a rebellious deed. Get somebody involved to facilitate a change. Look forward to fun and laughter.

SAGITTARIUS
NOV 23-DEC 21
Someone's gaze is more than you can bear. Certain dangerous things don't appeal to you. A young man makes time for happy news.

CANCER
JUNE 22-JULY 22
Seize the moment to admit you were wrong. A mild-mannered male wants to tell the truth. A miraculous attitude change inspires rewards at work.

CAPRICORN
DEC 22-JAN 20
Be thankful for a friend's hard luck. Don't underestimate the ingenuity of a woman. A newcomer has a good reason to celebrate.

LEO
JULY 23-AUG 23
Prepare to take action when confronted. Identify those who'll stand with you in bad times. A poverty-stricken man makes a vague request.

AQUARIUS
JAN 21-FEB 18
A mystery is solved when a phenomenon occurs. Concerned friends may not complain of poor treatment. Don't convince a friend he's wrong.

VIRGO
AUG 24-SEPT 22
Someone's cynicism becomes apparent. Examine things that make you anxious. Congratulate a geeky man for persisting.

PISCES
FEB 19-MARCH 20
Bondage to an outworn fantasy begins to ease. Get your paperwork done before a playful encounter. An impatient man looks for the source of a problem.

AVATAR VENUS

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BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

This day in history

OCT. 23, 4004 BC: Creation of the world begins, according to the calculations of Archbishop James Ussher, but on the sunset of the preceding day.
OCT. 23, 1694: American colonial forces, led by Sir William Phipps, fail to seize Quebec.
OCT. 23, 1867: 72 Senators are summoned by Royal Proclamation to serve as the first members of the Canadian Senate.
OCT. 23, 1917: Lenin calls for the October Revolution.
OCT. 23, 1930: The first miniature golf tournament was completed in Chattanooga, Tenn.
OCT. 23, 2001: Apple releases the iPod.

METRO NEWS SERVICES

WORDY GURDY

1. Served a meal to newsmen Koppel (1)
2. Possess a cell for calls (1)
3. Cord formation (1)
4. Indulge one who pays for lodgings (2)
5. Paid a postage check (1)
6. Bedroom footwear (1)
7. Cheap restaurant (1)
8. Cheap restaurant (1)
9. Cheap restaurant (1)
10. Cheap restaurant (1)
11. Cheap restaurant (1)
12. Cheap restaurant (1)
13. Cheap restaurant (1)
14. Cheap restaurant (1)
15. Cheap restaurant (1)
16. Cheap restaurant (1)
17. Cheap restaurant (1)
18. Cheap restaurant (1)
19. Cheap restaurant (1)
20. Cheap restaurant (1)

Bridget Moynahan has signed on to co-star with Donnie Wahlberg in a new cop drama from Jerry Bruckheimer for TNT. **E! NEWS ONLINE**

Celebrity Buzz

SUV passengers sue Lindsay

LEGAL Lindsay Lohan is being sued by three men in an SUV she drove during a car chase leading to her second DUI arrest last year, People.com reports.

The actress was "angry and aggressive" and the men "felt surprise, shock, fear and panic at Lohan's surprising and sudden act" of allegedly commandeering a car in which they happened to be sitting to chase her personal assistant through the streets of Santa Monica, Calif., according to the lawsuit.

Lohan's attorney, Ed McPherson, tells TMZ.com the lawsuit is "absurd."

The plaintiffs — Ronnie Blake, Jakon Sutter and Dante Nigro — are seeking unspecified damages in

the case, filed in Superior Court in Santa Monica.

Although nobody was physically injured, their suit describes a wild, traumatic ride with Lohan allegedly angry and intoxicated as she went after the other car following a party.

"Dante and Jakon continued to implore Lohan to slow down, stating specifically that she was endangering all of their lives and that they could be killed," the lawsuit says. "Lohan refused to slow or stop, but instead responded with abusive cursing and vulgar language, including a statement that she did not care about the risk of death."

The lawsuit adds: "She also stated that because

she was a celebrity she could do whatever she wants."

Following her arrest, Lohan reached a plea deal in the case and spent 84 minutes in jail for DUI.

She also was sued by the passenger in the car she allegedly chased.

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Pink had nuptial doubt

RELATIONSHIPS Singer Pink reportedly knew her marriage to Carey Hart would never last, because neither of them could handle such a big commitment, female-first.co.uk reports.

Pink, who split from motocross star Hart earlier this year after two years of marriage, admits she had her doubts right from the start, even though she was the one who proposed.

"I proposed to him by holding up a sign saying 'Marry Me' when he was doing a motocross race. He nearly fell off his bike. To be honest, even when he said yes I knew there was a little part of both of us that couldn't handle being married," said the star, whose real name is Alecia Moore.

"We did it because we loved each other so much. We wanted to eat each other all the time we were together, but maybe marriage wasn't ever going to be our thing."

Pink is still struggling to come to terms with their split, adding: "I'm not over it. I love him."

METRO NEWS SERVICES



celebrity brief

Hannigan, hubby expecting their 1st

FAMILY Actress Alyson Hannigan is pregnant, her rep Megan Moss has told People.

The *How I Met Your Mother* star, 34, and her husband, actor Alexis Denisof, 42, will welcome their first child this spring, People.com reports.

The couple met on the set of *Buffy the Vampire Slayer* during the 1999-2000 season and were married at the Two Bunch Palms resort near Palm Springs, Calif., on Oct. 11, 2003.

METRO NEWS SERVICES



Friend who set up Guy, Madonna opens up

RELATIONSHIPS As the one who originally introduced pop star Madonna and director Guy Ritchie nine years ago, Trudie Styler hopes the divorcing couple will stay friends, People.com reports.

"I wish them both well," Styler said. "I think they're destined to become great pals."

Styler also

told Extra, "They're both big enough people to become great friends in time, and I'm sure that they will for the sake of their kids, if nothing else."

Styler and her husband, singer Sting, set up Madonna and Ritchie during a 1999 dinner party at their Wiltshire, England, home.

METRO NEWS SERVICES



Hough hospitalized

PEOPLE Julianne Hough has been taken to hospital after suffering abdominal pains backstage on *Dancing With The Stars*, imdb.com reports.

Professional dancer Hough was taken to Los Angeles Cedars-Sinai Medical Center following her performance on the program Tuesday night.

She had been complaining of stomach pains prior to her ap-

pearance, but after her dance, with celebrity partner, actor Cody Linley, an ambulance was called to take her to hospital, according to TMZ.com.

"She was experiencing slight stomach pains all day that increased and the doctors thought it was best to have them checked out," her representative Cindy Guagenti tells Access Hollywood.

METRO NEWS SERVICES



Davis, Mahoney in Treatment

Former *Frasier* star John Mahoney and actress Hope Davis are the latest additions to the Season 2 cast of *In Treatment*, starring Gabriel Byrne. **E! NEWS ONLINE**

entertainment **19**

Celebrity Buzz

HELLO! **Hot shot of the week**

ANWAR HOSSEIN/GETTY

Prince William, 26, and his younger brother Harry, 24, rev up for a gruelling eight-day, 1,500-km motorcycle trek in Africa to raise money for three causes, including Harry's own charity, Sentebale, which funds community projects in Lesotho. "It's going to be very challenging," said Harry, "and we're expecting to fall off many a time."

HELLO! CANADA magazine, now available on newsstands – read more at hellomagazine.ca

Paris denies texting princes

PEOPLE Paris Hilton has phoned home from London to clear up royal romantic rumours, imdb.com reports.

The socialite called into Ryan Seacrest's radio show in Los Angeles recently to address British tabloid reports she has been caught flirting with princes William and Harry after meeting the brothers in London.

Hilton told Seacrest she has met with William and Harry, but there's nothing to the rumours, and she's not texting love notes to either of them.

"They're very nice boys, very down to earth and sweet but there's nothing romantic going on at all," she said. "They just came up and said hello. There's no texting going on; I'm reading that I invited them to Las Vegas to a club — that never happened. I have a boyfriend (rocker Benji Madden) ... I would never say that in a million years and it just annoys me that particularly

the media out in the U.K., they will not only make up stories, they'll all so go as far to make up quotes that I supposedly said."

Hilton is in London shooting a British version of her reality show *My BFF*.

METRO NEWS SERVICES



Kate may purchase Caribbean getaway

PEOPLE Kate Moss is reportedly planning to buy a Caribbean home to share with her boyfriend Jamie Hince, imdb.com reports.

The couple have enjoyed an on-off relationship, breaking up last month but reuniting soon afterwards.

But despite their rocky relationship, the model reportedly is set to invest in a property in Puerto Rico, so she can continue her re-

lationship with The Kills frontman away from prying eyes.

"She wants somewhere very private and reckons she and Jamie could find peace and tranquility on the island," a source tells Britain's *The Sun* newspaper.

"It will be her special place where she can escape from the limelight," the source added.

METRO NEWS SERVICES



Rumours irk Dakota's director

PEOPLE Moviemaker Rowan Woods has denied branding child star Dakota Fanning difficult to work with, insisting the rumours are not true, imdb.com reports.

Woods directed the 14-year-old star in new film *Winged Creatures* and was recently reported to have called her a "disaster" on-set over her diva-like behaviour.

But Woods is adamant that he never made the comments and has praised the teenager for her professionalism.

"I am very upset and disappointed on behalf of Dakota that such untruths have spun around the Internet in regards to Dakota and *Winged Creatures* and that those opinions be attributed to me. They are not my opinions," Woods writes in a statement to Defamer.com. "Dakota Fanning is an incredible actor and a wonderful person. I am proud to be associated with Dakota's amazing performance."

METRO NEWS SERVICES



celebrity brief

Did Jennifer pop the question?

GOSSIP Following rumours that newly reunited couple Jennifer Aniston and singer John Mayer are expecting a baby (which her rep has denied), comes this bit of gossip from *Star* magazine: The actress proposed to the singer.

After a reported barrage of romantic e-mails from him, "she said that she'd only take him back if they got married, and he agreed," says a source. "They both know this is it. She wants to settle down, and finally, so does he. They've even talked about having a family, and John said that he couldn't imagine doing it with anyone but her."

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